

SUMMER MENU 2022

Artigarvan PS

**school
food**

try something new today

www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and
water**

If you require any
additional information on
allergens or special diet
please contact the school
in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 25th April 23rd May 20th June	Spaghetti Bolognaise Savoury Pizza Salad mixed vegetables Diced potato Fruit Muffin / Fruit (H)	Chicken Curry & Rice Salmon Fish Cakes Peas / Salad Mashed Potatoes Parsley Sauce Flakemeal Biscuits / Fruit Custard (RMF)	Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage Fruit jelly Fruit	H/M Chicken Goujons Oven Baked Fishfingers Salad Baked Beans/Mixed Vegetables Mashed Potato frozen toffee/strawberry yoghurt	NI oven Baked Pork Sausages Sweetcorn Coleslaw Chips / Mashed Potatoes Ice cream Tub
Week Two 2nd May 30th May 27th June	Oven roasted NI porks Sausage Baked Beans / Broccoli Creamed Potato Potatoes / Salad Flakemeal biscuit and custard (RMF)	Chicken Curry & Rice fish fingers Mixed Vegetables / Salad Mashed / Baked Potato Frozen Mousse Fruit / (H)	Roast Meat Dinner Stuffing & Gravy / Salad Dry Oven Roast / Mashed Potatoes Diced carrots fruit jelly Ice cream	cheese and tomato pizza BBQchicken Pannini Peas Salad Diced potatoes Fruit Muffin / Fruit Custard (RMF)	Home Made Beef Burger & Bap / Salad Savoury Pasta Bake Sweetcorn chipped potatoes Ice cream tub Fruit
Week Three 9th May 6th June	Oven Baked Fish Beefburger O/B Salad Peas & Sweetcorn Herb Dice / Mashed Potato Fruit Cookies / Fruit Custard (H)	Spaghetti Bolognaise Oven Baked Chicken Nuggets Baked beans/Carrots Baby Bolied / Mashed Potato Jelly & Fruit Ice Cream	Roast Chicken / Turkey Stuffing & Gravy Dry Oven Roast / Mashed Potatoes / Gravy Cabbage Shortbread Biscuit and Custard (RMF) (H)	Chicken Curry & Rice BBQchicken Pannini Sweetcorn / Peas Mashed Potatoes / Salad Fruit Muffin / Fruit Custard (RMF)	Hot Dog Green Beans Tossed Salad / Coleslaw chipped potatoes Ice cream Tub Fruit
Week Four 16th May 13th June	Savory Pizza Baked Beans / peas / Salad Mashed / Baked Potato Cookie and Custard (RMF)	Oven Baked Fish Home Made Chicken Goujons Broccoli / Mashed Potato Rice Pudding / Fruit Frozen Yoghurt / Fruit	Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Mashed Potatoes / Salad Turnips Ice cream Tub Fruit	oven baked crumbed fish Chicken Curry & Rice Mixed Vegetables Oven Dice / Mashed Potatoes /Salad Fruit Muffin Custard (H)	Oven Baked Sausages Pasta Bake Peas and corn Salad chipped potatoes Fruit flavoured Ice Lolly Fruit

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